

Knox City Cougars Basketball Club



FUN – FITNESS – FRIENDSHIP

CAN'T WAIT TO SEE YOU AT THE CLUB

Welcome to all our new Cougars families!! With finals fast approaching we would like to take this opportunity to thank all the coaches players and parents for such a successful season, and to wish all teams luck for the final few games and also for the finals.

We would also like to welcome a number of new members to the committee.

It has been out privilege of being able to use the new State Basketball Centre, which most players have had the chance to play a game or two at. Keep an eye on some exciting events that will take place there in the future. We have also been lucky enough to acquire some courts there for training for some of our teams.

We would like to thank everyone for bearing with us with the change of venues and new system this season. The changeover has been vital for the whole association, but the wheels are now in motion. We appreciate your understanding and support as well as the time of the volunteers that have spent endless hours getting this system in working order for us to use. Most people have had a chance to have a look at the new scoring system. And we ask you to take the time to look at the new association website which is still located at www.knoxbasketball.com.au this allows players to check their own stats FOR FREE! As well as being able to set up email reminders for game times through the Sportingpulse website.

UPCOMING EVENTS

KNOX CITY COUGARS FAMILY DAY

WHEN: SUNDAY 21st OCTOBER

TIME: 11am – 4pm

**LOCATION: Ferntree Gully Nth Primary School
111 Forest Rd, Ferntree Gully**

Bring the family for this fun day including BBQ, jumping castle, face painting, bungee trampoline, dunking machine and games and the best thing is EVERYTHING IS FREE FOR COUGARS FAMILIES. Just wear your Cougars gear and get ready for a fun day with the rest of the club.

CONGRATULATIONS

Knox City Cougars would like to congratulate Sonia Drito who has been selected to play in the Vic Metro U16 team.

Also we are sending out wishes of luck to former Cougars player Samantha Donald who is off to America to play for college team New Mexico State University, and to Emily Schill who will be attending San Jose State University. Both of these girls started playing with Knox City Cougars in Junior Domestic. Will you be the next Emily or Sam??

Another big congratulations we would like to send out is to Ken Ramos, who represented Australia at the Asia Pacific Deaf Games earlier this year. The Goannas received bronze and the team has qualified for the 2013 Deaflympics in Bulgaria.

TRAINING

As a club it is our policy that all of our teams through to u16s are required to attend training. We understand that some weeks this cannot be possible. Please bare in mind that the coaches are all volunteering their time to coach our kids. Please respect this. If you are unable to make a training session. Please let your coach know. Parents are required to attend training, and not to drop of kids outside venues. Our coaches are not babysitters. We also appreciate the support of our coaches and team managers throughout the season.

Please keep an eye out for some exciting new clinics being run throughout the club. Details to come soon.

UNIFORMS

Uniforms are also available direct from Robin and she can be contacted on the above details. There are also Hoodies available for order for\$40 as well socks for \$8 to for \$15

Do you have any old Knox City Uniforms lying around home??? The club is collecting old unused uniforms. If you have any unwanted cougars singlets floating around. WE WANT THEM!

POSITIONS VACANT

We are currently looking to fill some vacancies on the committee:

U18 & 23 Girls Co-ordinator

U18 to 23 Boys Co-ordinator

If this is something you think you would be interested in, please contact Michael Kinneavy on 0419 666 558

We are also looking for expressions of interest to coach and or assistant coach. If this is the case please also let us know.

U8's and U10's BRING A FRIEND

If your child is in U8's or U10's and has a friend that would like to play basketball, please let Siz or Joy know, as there will be a series of 'bring a friend' training sessions being held throughout the season. – Alternatively if you have a child or know of a child in these age groups please contact Joy or Siz direct. Remember u8's will have their singlet provided for them. What better way to get them involved in a year round sport.

A MESSAGE FROM JOY (U8-U12 Girls Co-ordinator)

A special message from Joy to congratulate some of her girls:

U8 Girls – Well done to these girls in their early seasons with 2 great coaches they are doing very well.

U10 Girls - All sides doing nicely and 4 teams should be a show for finals with the 5th team (all beginners) are improving each game.

U12 Girls - After grading 6 and 7th sides are very competitive. The 2nd side having a struggle but will I'm sure be better for the harder games next season. The 1, 3, 4 and 5 teams should also be a show for finals.

Well done girls, some exciting things coming from our junior girls!

Got something you want in our newsletter??? Special achievement from someone in our club?? Fantastic moment in a game? Idea, event or photo! Email me: Rachel_Gill@Hotmail.com

